

## Belongingness and Connection Quotes

1. "I long, as does every human being, to be at home wherever I find myself." - Maya Angelou
2. "Belongingness entails an unwavering commitment to not simply tolerating and respecting difference, but to ensuring that all people are welcome and feel that they belong."  
-John A. Powell
3. "Instead of looking for reasons why you don't belong, look for reasons why you do." - Jay Shetty
4. "Being able to feel safe with other people is probably the single most important aspect of mental health." -Bessel A. van der Kolk
5. "True belonging only happens when we present our authentic, imperfect selves to the world." - Brene Brown