## Our Minds Matter (OMM) Mental Health Curriculum Designer, contractor

### **Overview:**

Our Minds Matter (OMM) is a youth-led movement working toward the day when no teen dies by suicide. The OMM program, launched in 2016, is an upstream suicide prevention model based on resiliency research and the power of peer-to-peer influence amongst adolescents. Since OMM's launch, we have expanded from 16 schools in Fairfax County, VA to over 143 schools nationwide as of January 2023.

Today, we are in the process of developing a pilot after-school, community-based program that will reach a wider group of young people via community and teen centers in Fairfax County, VA.

OMM is seeking a subject matter expert to support OMM staff with the development, adaptation, and expansion of OMM curriculum with the goal of improving the mental health literacy amongst teens (6th-12th grader). You will be authoring activities, campaign guides, and supplemental materials that can be implemented in after-school clubs and non-school settings (i.e. community and teen centers). The content created will be age-appropriate, interactive, engaging, culturally-responsive, and meaningful to diverse groups of teens. This position is fully remote. Specific responsibilities and skill/experience requirements are detailed below.

OMM actively centers justice, equity, diversity, and inclusion in our program strategy, program content, organizational workplace, and staff. We strongly encourage applications from BIPOC, people of underrepresented ethnic and religious backgrounds, people of all gender identities, members of the LGBTQIA+ community, persons with disabilities, and members of other marginalized communities.

#### **Key Responsibilities**

- Create developmentally appropriate, evidence-backed, and robust mental-wellness focused curriculum (activities, campaigns, supplemental materials) aligned to logic model
- Incorporate JEDI (justice, equity, diversity, & inclusion) and trauma-informed lens in the creation of content
- Engage in a highly collaborative and rapid development process, which includes regular engagement with OMM program staff, peer review, and other formative feedback through all aspects of content development and design
- Ensure that deliverables comply with specific design criteria and are appropriate for implementation in in-person and/or virtual setting

# our minds matter

#### **Project Deliverables:**

- Creation of at least 12 new activities that align with OMM program logic model
- Creation of 9 center/school-wide campaigns that align with logic model

Project Timeline:	
3/6/23	Project introduction (1 hour)
Mar - June	*Bi-weekly planning & feedback calls (30 mins)
5/8/23	Creation of 12 new club activities complete
6/16/23	Creation of 9 center/school-wide campaigns complete
6/26/23	All revisions complete
6/30/23	All deliverables complete; project wrap-up

\*meeting cadence may change depending on the amount of support needed from program team

#### **Project Length:**

The anticipated start date is March 2023, with the possibility of an earlier start for candidates with availability. The projected end-date is June 30th, 2023, with a potential opportunity for an extension, dependent upon successful completion of project deliverables.

#### **Project Support:**

Communicate with OMM program staff to understand the purpose and scope of this project. The initial meeting with the Director of Impact and Program Manager will result in a more thorough explanation of the project and desired deliverables. OMM program staff will continue to provide consultation, check-ins, and review on an ongoing basis. At the halfway point of the project, DI will assess the progress on project deliverables, quality, and timeline and make any necessary adjustments. Additional support or clarity on project deliverables can be scheduled on an as-needed basis.

#### **Project Compensation:**

3,000 - 4,500 (100 hourly rate based on education & experience, 10-15 hr/month for approximately 3 months)

#### **Required Skills:**

- Licensed mental health professional with at least a Master's degree in counseling, clinical, or school psychology or social work, Ph.D./Psy.D. preferred
- Specialization in child/adolescent psychology (age group is middle-high schoolers) is strongly preferred
- Experienced in curriculum/activity development focused on mental wellness concepts and coping skills
- Excellent verbal and written communication skills
- Knowledge of and/or lived experience with mental health challenges faced by minoritized populations, prior work in the areas of trauma-informed care, equity and/or cultural competence are strongly desired
- Committed to the development of culturally and linguistically responsive content and materials

#### **Desired Qualifications:**

- Able to meet deadlines in fast-paced environment without compromising quality
- Self-motivated, self-directed, and comfortable taking initiative
- Attuned to detail and also able to see the big picture
- Passionate about shaping the future of mental and emotional health in the younger generations and society at large

To apply, please follow this link: <u>http://bit.ly/curriculumdesigner23</u>. Please let us know what accommodations you might need when applying or if invited for an interview.