



2023 Changemaker Awards

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Those who are closest to a problem are often those who can create insightful and sustainable solutions.

A collaboration between Shift and Our Minds Matter to invest in teen changemakers who have big ideas that will shift the landscape of mental health in their schools, communities, and beyond!



who can submit a proposal?

any active Our Minds Matter club is eligible to apply!

Proposals will be reviewed with the following criteria:

equity

the campaign aligns with omm's commitment to justice, equity, diversity, and inclusion

goal/aim

there is a clear and achievable goal for the 22-23 school year

change idea

powerful ideas to help omm club/school achieve desired mental health culture vision

creativity

the proposals reflect originality and unique lived experiences

Note: if your club has multiple big change ideas your club can submit up to 3 proposals

proposal timeline

Month of December

Student leaders decide if they want to submit a proposal

December-January

Student leaders brainstorm ideas and start preparing to submit proposal using the proposal worksheet

January 3 - 16

Reach out to the program team if club needs any support preparing to submit your proposal

January 20

Submit your change ideas via bit.ly/changemakers23

Up to 10 clubs will be awarded \$500 for each BIG idea!



December 15th - Opens!

Proposals announced and opened for submissions

December-January

Reminders about opportunity shared with OMM clubs

January - Get Support!

OMM available to support clubs in submitting their proposals

January 23-27- Review!

OMM and Shift will review submitted proposals using the shared criteria

January 31 - Awards!

Award recipients will be announced on January 31st

shared agreements if granted a changemaker award

submit campaign report

Clubs that receive awards will have to submit a campaign report after the completion of their milestones by June 5.

leverage omm program team

Award recipients can get support from the OMM program team to ensure their BIG ideas come to life and that they reach their milestones.



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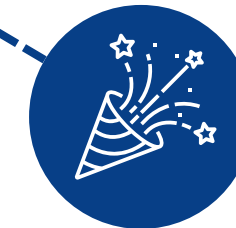
complete 2-3 milestones

Each club should plan to complete at least 2 milestones outlined in the proposal and use at least 50% of the awarded funds. 50% of funds can roll over for use in the 2023-2024 school year.



consent forms

If students implementing change ideas are below the age 18+ they will need to submit parent/guardian consent forms to be published for educational or promotional purposes.



celebrate every win

Award recipients may be invited to share their successes and challenges with implementing their ideas at various events and via various platforms at the end of the 2022-2023 school year

Need Support?

Contact program@ourmindsmatter.org with questions or for support with your proposal



apply by January 20



or use bit.ly/changemakers23