

Shine a **Light** on Mental Health

Club Sponsor Voices Submissions 2021

Our Minds Matter (OMM) is seeking stories from club sponsors about their personal experience with mental health and their journeys of being a part of a movement focused on suicide prevention and teen wellness.

If selected, the sponsor's voice will be featured at the OMM-hosted community event, **A Not So Silent Night on Thursday, December 9th in Washington, DC from 7-9 p.m.** The event will be filled with stories of teens transforming their school culture around mental health.

The club sponsors of the selected submission will have the opportunity to share their story in front of 100+ event attendees (in-person and online).



Instructions to be considered:

- Written submission of 2-5 pages detailing the following:
 - Name, role, school, timeframe involved in OMM
 - Personal experience with mental health (could also be personal experience of having a friend/loved one deal with mental health issues)
 - Reason for being involved in an Our Minds Matter club
 - How being involved in Our Minds Matter has impacted you personally as well as students/school community (especially during the pandemic)
 - What you hope for the future of mental health
- Email story to laurabeth@ourmindsmatter.org with the subject line: Sponsor Voices Submissions 2021 by Sunday, November 14th, 2021
- The selected sponsor will be notified no later than Monday, November 15th.
- The sponsor of the selected submission should be available to attend the event on the evening of Thursday, December 9th from 7-9pm in Washington, DC and be prepared to share their story in front of 100+ guests.
 - Should the sponsor of the winning submission be from outside the DC area, travel accommodations and reimbursements will be provided.
- The sponsor will be provided with a complimentary ticket to the event along with two other complimentary tickets for a family member(s) and/or friend(s).
- The sponsor will receive \$500 in their school's club bank for mental health campaigns

****CDC guidelines will be followed / Proof of vaccination required for entry****

Additional Questions?

Reach out to laurabeth@ourmindsmatter.org