our minds matter sample constitution

Name

The name of the club is “[insert club name].”

Objectives and Activities

The objectives of this club are:

* Reduce mental health stigma, increase help-seeking, promote social connectedness and prosocial skills, and encourage self-care and healthy habits among students in [insert school name].

The activities of this club include:

* Small-group activities and school-wide campaigns that focus on education and awareness, healthy coping skills, and reducing stigma around mental health.

Membership

Membership is open to any student at [insert school name].

Officers

All elected officers must be students at [insert school name]. Officers can be elected by club members or selected via application by club sponsors. The following is an example list of club leader roles that a club may choose to have:

President/Co-President

Responsibilities: Lead meetings, organize club events, and work with officers and club sponsors to achieve the goals of the club.

Vice President

Responsibilities: Support facilitation of meetings, assist in selecting activities and club logistics, and work with officers and club sponsors to achieve the goals of the club.

Secretary

Responsibilities: Take notes at each meeting, assist in creating meeting agendas, and work with other officers and club sponsors to achieve the goals of the club.

Treasurer

Responsibilities: Keep track of funds for the club and work with other officers as well as the club sponsors to achieve the goals of the club.

Social Media Coordinator

Responsibilities: Take photos, create content, run club social media accounts, and work with other officers and club sponsors to achieve the goals of the club.