**our minds matter Sample Constitution**

**Name**

The name of the club is “[insert school name or school mascot] minds matter”

**Objectives and Activities**

The objectives of this club are:

* To reduce stigma, increase help-seeking, promote social connectedness and encourage self-care and healthy habits among students in [insert school name]

The activities of this club are:

* Small-group activities that focus on education, healthy coping skills and reducing stigma around mental health issues.

**Membership**

Membership is open to any student at [insert school name].

**Officers**

All elected officers must be students at [insert school name]. Officers will run for their intended position and will be elected upon receiving a plurality of votes by the members of the club. Elections will be held at the end of every school year to decide the officers for the next school year.

Co-President

Responsibilities: Leading meetings, organizing club events, and working with the other officers as well as the club sponsors to achieve the goals of the club.

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Responsibilities: Leading meetings, organizing club events, and working with the other officers as well as the club sponsors to achieve the goals of the club.

Secretary

Responsibilities: Take notes at each meeting detailing what was discussed, activities done and other important information as well as working with the other officers as well as the club sponsors to achieve the goals of the club.

Treasurer

Responsibilities: Keep track of funds for the club and work with the other officers as well as the club sponsors to achieve the goals of the club.